

# Questions on “Infertility and Aftershocks”

(Please use the back side of the sheet for longer answers)

1. What are some “emotional triggers” that may remind you of your infertility struggles and lead you to “circle back” again?

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2. How have you “taken charge” of your infertility? How is infertility resolution measured or accomplished?

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3. What are some ways that you may put your child “at risk” by not dealing with infertility losses appropriately?

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4. The author talks about how those who experience infertility are forever changed. How have you personally changed since your beginning struggles with infertility?

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